

Suggested interview questions

Ainslie MacLeod—past-life psychic, spiritual teacher and author

New book—*The Old Soul's Guidebook: Who You Are, Why You're Here, and How to Navigate Life on Earth*

1. What drew you to write your new book?
2. Does everybody have spirit guides, and how can someone learn to work with theirs?
3. What does having a past life mean?
4. How do we know we've had past lives?
5. What are typical past-life fears?
6. Where do you get your wisdom from?
7. How can being aware of past lives help us in the present?
8. You talk about Achilles body parts. Can you explain what that means?
9. Can you explain a little more about the balance between our set life-path and our ability to influence it?
10. If we come into this life with a plan, a life purpose like you talk about in your book, why is it so hard for most people to remember theirs?
11. Why is it important to go to the past-life source? Couldn't you gain the same benefit by working on current life trauma?
12. What is the difference between a young and old soul and how can we know what we are?
13. Does the soul ever die?
14. What is a soulmate?
15. In your book you say that karma is not necessarily what you think it is. How do you define karma and how does it affect our lives?
16. What would the world look like if we were better at being aware of our past journeys?
17. Do you have any advice for someone who would like to dive deeper into this field?